



The Three Hail Marys

Three Hail Marys each day

In the 13th century, the Virgin Mary promised saint Mechtilde to protect—especially at the hour of death—those who would recite the Three Hail Marys morning and evening.

In honor of the Father, who grants you His Power,
Hail Mary, full of grace, the Lord is with thee.

Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.



In honor of the Son, who grants you His Wisdom,
Hail Mary...



In honor of the Holy Spirit, who grants you His Mercy,
Hail Mary...



O Virgin Mary, preserve me from mortal sin during
this day/this night.

*Share this prayer, for “he who saves a soul saves his own”
(saint Augustine).*